



भा. कृ. अनु. प.-के न्द्रीय मात्स्यकी शिक्षा संस्थान, मुंबई
ICAR-Central Institute of Fisheries Education, Mumbai-61

**Report of the NAHEP sponsored interactive Workshop on
“Climate Change and its impact on reproductive and mental health
of women” on 6th September, 2023**

ICAR-Central Institute of Fisheries Education, Mumbai conducted a one-day interactive Workshop on “Climate Change and its impact on reproductive and mental health of women” under the aegis of Environmental Sustainability Plan (ESP) and Equity Action Plan (EAP) of National Agricultural Higher Education Project (NAHEP) on 6th September, 2023. This workshop was targeted towards an all-woman audience and envisaged sensitization of young female students in particular and women in general towards better reproductive and mental health awareness in times of climate change. During the inaugural session, Dr. Vidya Shree Bharti, Nodal Officer, EAP, NAHEP welcomed the participants and encouraged them to have an open-minded discussion to identify challenges faced by women for possible interventions and solutions. Dr. Ravishankar C.N., Hon'ble Director and Vice Chancellor, welcomed and felicitated the external expert and also harped upon the importance of this subject in today's changing environmental and social set ups. Dr. N.P. Sahu, Principal Investigator, NAHEP & Joint Director, ICAR-CIFE, Mumbai, also put forward his valuable remarks about this workshop under the context of the ESP and EAP of NAHEP.

The Workshop session was thoughtfully designed with an informative presentation from the external expert, Dr. Suruchi Desai, (MBBS, D.N.B. D.G.O, D.F.P, F.C.P.S), Senior Consultant, Gynaecology & Obstetrics, Centre for Robotic Surgery, Nanavati Max Super Speciality Hospital, Mumbai followed by freewheeling discussion and close interaction with participants. The detailed presentation by Dr. Desai reviewed the link between contributors to climate change and social & environmental determinants of health. She stressed upon reproductive and mental health consequences of women due to a changing climate and suggested possible ways to minimise risks and increase resilience. The workshop saw the participation of 70 registered female MFSc and PhD scholars, scientists, technical, administrative, supporting staff and members of the Ladies Club/ wives of scientists from the campus. Dr. Tincy Verghese, Scientist and member, EAP, NAHEP, delivered the vote of thanks. The Workshop was conceptualized and organized by Dr. Paramita Banerjee Sawant, Principal Scientist and Nodal Officer, ESP, NAHEP and Dr. Vidya Shree Bharti, Senior Scientist and Nodal Officer, EAP, NAHEP.





Dr. Suruchi Desai, (MBBS, D.N.B. D.G.O, D.F.P, F.C.P.S), Senior Consultant, Gynaecology & Obstetrics, Centre for Robotic Surgery, Nanavati Max Super Speciality Hospital, Mumbai is delivering her lecture to the women students of ICAR-Central Institute of Fisheries Education, Mumbai.

